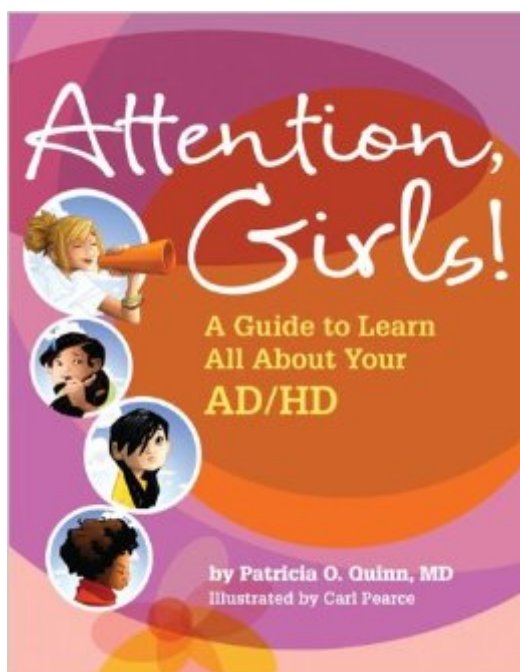# Attention, Girls!: A Guide To Learn All About Your Ad/Hd

Synopsis

Suitable for 'tween' girls (ages 7-11) who have ADD/ADHD, this title offers girls, their parents, and professionals practical tips and techniques for managing attention disorders and the many aspects of life that these disorders can affect. It includes useful lessons that are simple to apply.

Book Information

Paperback: 112 pages

Publisher: Magination Pr; 1 edition (April 15, 2009)

Language: English

ISBN-10: 1433804484

ISBN-13: 978-1433804489

Product Dimensions: 0.2 x 7 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (41 customer reviews)

Best Sellers Rank: #40,949 in Books (See Top 100 in Books)   #20 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders   #305 in Books > Children's Books > Growing Up & Facts of Life > Health   #499 in Books > Medical Books > Psychology > General

Age Range: 9 - 12 years

Grade Level: 4 - 7

Customer Reviews

Tomboy Tatiana loves to be outside and moving around.Grumpy Georgia is hypersensitive, not hyperactive; even tags in her shirt make her irritable.Anxious Anna worries about school and her friends. Mostly she worries that she'll forget to do something important.Meet just a few of the girls with ADHD who inhabit this compassionate, fun, and ever-practical guide. It takes more than one or two to illustrate the wide-ranging symptoms of ADHD in girls.Beautifully designed with four-color illustrations and printed on slick paper, this book is perfect for reading with your daughter or letting her enjoy on her own. The information is solid and not '"dumbed down" but is clearly written and accessible. (In fact, I suspect moms with ADHD will gain much benefit, too!) Topics include:--Learning all about AD/HD--Getting organized--Paying attention--HOMEWORK!--Making and keeping friends--Dealing with your emotions (many people don't realize that ADHD can create problems regulating one's emotional state and reactions)--Understanding medicationAnd lots more.About the author: It is largely thanks to Patricia Quinn, M.D., a developmental pediatrician, that ADHD in women and girls has gotten the attention it deserves. Today, many women are

discovering only in mid-life (and much later) that they've had ADHD all their lives but no one knew! Some must then deal not only with ADHD symptoms but with the emotional fallout from years of struggle and secret shame.Fortunately, girls growing up today can benefit from modern knowledge and, with this book, validation that they are not alone and there's nothing to be ashamed about.

Attention, Girls!: A Guide to Learn All About Your Ad/Hd Learn German Step by Step: German Language Practical Guide for Beginners (Learn German, Learn Spanish, Learn French, Learn Italian) Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls Learn German! More than 100 didactic texts to learn and improve your German: Learn vocabulary and grammar while your are reading (German Edition) Girls Under Pressure (Girls Quartet, Book 2) Pretty Girls with Pretty Gapes: Some girls need to be stretched Texting Women: 7 Simple Steps From Text to Sex (Flirty Texts, Texting Girls, How To Text Girls, Art Seduction, How to Seduce a Woman, Funny Text, Pick Up Women, Funny Pick Up Lines, Picking Up Women) Is It Wrong to Try to Pick Up Girls in a Dungeon?, Vol. 4 - light novel (Is It Wrong to Pick Up Girls in a Dungeon?) The Casquette Girls (The Casquette Girls Series Book 1) Girls on the Edge: Four Factors Driving the New Crisis for Girls Kabul Girls Soccer Club: A Dream, Eight Girls, and a Journey Home Is It Wrong to Try to Pick Up Girls in a Dungeon?, Vol. 2 - light novel (Is It Wrong to Pick Up Girls in a Dungeon?) PHP: MySQL in 8 Hours, For Beginners, Learn PHP MySQL Fast! A Smart Way to Learn PHP MySQL, Plain & Simple, Learn PHP MySQL Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! PYTHON: Python in 8 Hours, For Beginners, Learn Python Fast! A Smart Way to Learn Python, Plain & Simple, Learn Python Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! ANGULARJS: AngularJS in 8 Hours, For Beginners, Learn AngularJS Fast! A Smart Way to Learn Angular JS, Learn AngularJS Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! C++: C++ in 8 Hours, For Beginners, Learn C++ Fast! A Smart Way to Learn C Plus Plus, Plain & Simple, Learn C++ Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! JAVASCRIPT: JavaScript in 8 Hours, For Beginners, Learn JavaScript Fast! A Smart Way to Learn JS, Plain & Simple, Learn JS Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! Python: Learn Python in One Day and Learn It Well. Python for Beginners with Hands-on Project. (Learn Coding Fast with Hands-On Project Book 1) CSS (with HTML5): Learn CSS in One Day and Learn It Well. CSS for Beginners with Hands-on Project. Includes HTML5. (Learn Coding Fast with Hands-On Project Book 2) C#: Learn C# in One Day and Learn It Well. C# for Beginners with Hands-on Project. (Learn Coding Fast with Hands-On Project

Book 3)